



NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

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The Pursuit Of An Education

Essex County College: The Opportunity For A Second Chance

The campus of Essex County College occupies 22 acres of concrete covered land deep in the heart of Newark. The need for maximum use of every inch of space leaves no room for the luxury of grassy landscaped areas. It would even be hard to have a good game of Frisbee. Despite its

opportunity for educational growth.

In this particular case, however, we are not referring to 18 or 19 or 20 year old kids fresh out of high school. The Essex County College population is different, and so is the reason for being there. "Our population consists of people with 3 or 4 kids; single heads of households. So you need a program that can get you where you want to go, in the shortest possible time," he explained.

According to President Yamba, "most of our students are looking for that *second chance*, so they can get the necessary education and training for that job out there." Many have been turned down by other Colleges or have been told that 'you really don't stand a chance; you cannot make it; don't even bother trying,' he continued. Their situations, he went on to explain, usually fall into one of two categories: "The *first* are students who for family reasons dropped out of school and took care of their family; at Essex they can study for a High School Equivalency Diploma. The *second* group may have a high school diploma but the system did not educate them, and they find themselves woefully lacking in the basic skills," he finished with concern in his voice. "For these students Essex County College has a support system, like tutorial and counseling. I suppose you might call it a nurturing environment and that is very critical for many of our students."

For these students the focus is on an entry level job. Then, while they are working, they can come back and

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A. Zachary Yamba, Ed.D

compact nature there is a graciousness about the school both inside and out. There is a perceptible feeling of pride and order as we wind our way up to the office of the President, A. Zachary Yamba.

As we began to talk, it was immediately apparent that this particular college president had a deep concern for his students, and also for the task of providing them with an

At St. Benedict's Excellence Is Still In Style

The lively voice on the other end of the phone belonged to Rev. Edwin D. Leahy, OSB, headmaster of St. Benedict's Prep in Newark. We had made an appointment to meet. When I explained I would have with me the Clarion photographer, Harrison Greene, there was an immediate excitement in the voice.

"How old is Harrison?" It was easy enough to find out since the

to the updating from my end, and watched the big grin on Harrison's face and his obvious pleasure at being remembered.

By the time we climbed up the stone steps and into the Victorian red brick building housing St. Benedict's Prep I felt a little like an alumnus must returning after a long absence. Harrison happily fed me one story after another about his



Rev. Edwin Leahy, OSB Headmaster of St. Benedict's Prep looks in on students in library during daily rounds.

photographer was standing right by my desk. As I relayed the figure 27, Father Leahy asked that he be put on the line — he had unearthed an old friend. The two talked animatedly for a few minutes while I listened

treasured school.

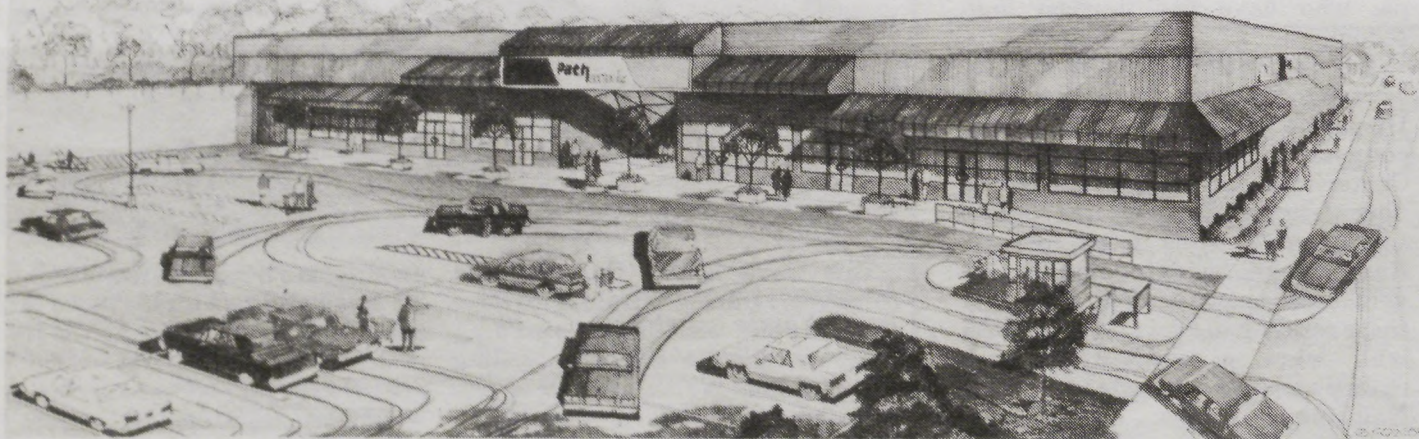
Father Leahy spotted Harrison as we arrived and it was obvious the relationship was a warm one. He had called earlier to explain an unexpected meeting on the morning of our visit, and put us into the capable hands of Rev. Albert Holtz, OSB, Dean of Studies who began to initiate me into the life of St. Benedict's as we awaited the arrival of our guide for the morning, Jason Findley.

Historically, Father Albert explained, the Benedictine order is not technically an educational order. Its role, however, is to serve in whatever way they can, the local people — be it draining the swamps in Germany or in this case providing quality education to those in the Community.

The monks began the school in 1868, teaching German immigrants who made up the population at the time, then Irish, Italian and Eastern European as the makeup of the Community changed — always with an emphasis on students from working

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Neighborhood Shopping Center



This is an artists rendering of the New Community Neighborhood Shopping Center which will be built on Bergen Street in the Central Ward. The new facility will contain a 43,000 square foot Pathmark Food Supermarket and several small satellite stores. The center will provide a first-class food supermarket and will create more than 200 new, permanent jobs.

NCC Employment Center News

Interviews By Appointment

People who are sincerely interested in finding employment can now make appointments by telephone to interview with New Community Employment Center counselors, Patt Deluca, Mary Bins, John Bins, or Violeta Zapata, the Spanish language counselor.

"After the interview, we know what skills and experience the job seeker has and can often counsel them on ways to find employment," says John Bins of NCC Employment Center. "But the heart of our service is our regular contact with employers," he continues. "Employers call us when they are trying to fill a position and we introduce people to them who have the right experience so they can be considered for the job."

Almost since the start, NCC Employment Center's policy has been to interview anyone who comes to the office on certain afternoons. One day in late January, however, thirty people came to be interviewed in one day, more than twice the previous record. "It was unfair to those who were interviewed that day," says Bins, "because many of them had to wait a long time. But it was equally unfair to others who had been interviewed previously, because we could not spend the time we should spend looking for employment for them."

Use of NCC Employment Center is open to all in the Newark area at no charge. It is easy to make an appointment. Just phone the office at, 634-3828 and tell whomever answers that you want to make an appointment for an interview.

A mutually agreeable time will be arranged immediately. Have a pencil handy to jot down the time and, if necessary, directions to the NCC Employment Center office. It is on the ground floor of the NCC Douglas Homes building at 15 Hill Street, right across Broad Street from Newark City Hall.

But it all begins with a decision on the part of the unemployed person, Bins says. "Our process is designed for those who have committed their energies to finding satisfactory work. It must be their number one priority!"

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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New Gift Equipment Quickly Put To Use

At the left, Joyce Henderson, an employment center client takes a typing test on a new IBM Selectric typewriter given to NCC Employment Center by The Hyde and Watson Foundation. The typewriter is also used, of course, for general correspondence and for preparation of labels each day for the office's



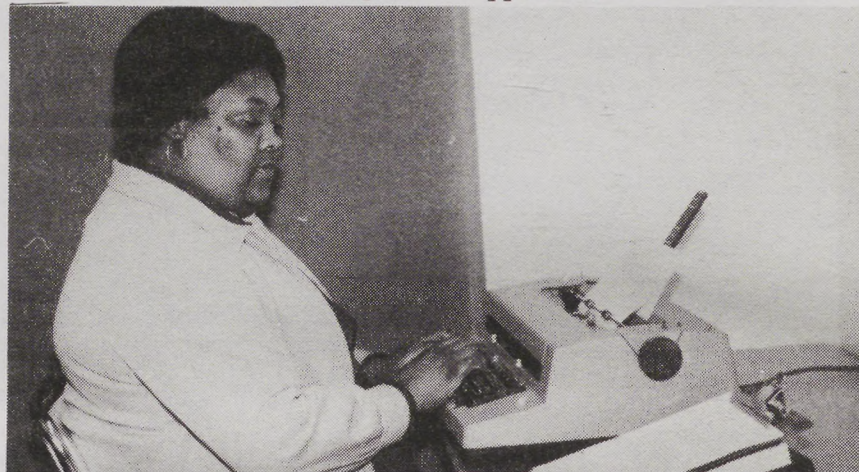
John Bins displays new Xerox machine donated to NCC Employment Center.

system of keeping track of data on potential employers, for mailings to employers, and for future mailing lists. Previously all work was done on a portable typewriter hauled from home each day.

At right, John Bins of NCC Employment Center demonstrates the use of a new table top Xerox machine, also a gift of The Hyde and Watson Foundation. Not only is the copier used for general office copying and for copying the documents of job applicants, but it is also used for copying label lists of each day which are at the heart of the system that NCC Employment Center uses to keep its file of possible employers up to date. Before the gift, copies

were made at other NCC offices around Newark.

Other Foundations which provided vital financial support to NCC Employment Center in its first half year are Victoria Foundation and Prudential Foundation. The financial support received from churches and individuals over the last two months has been the margin between solvency and deficit for the Employment Center. The Newark business community also made a substantial contribution, but the largest single contributor has been New Community Corporation. The New Community Employment Center is very grateful to all these supporters.



Joyce Henderson takes typing test at NCC Employment Center on brand new IBM typewriter which was donated to the Center.

Completing High School Improves Chances of Getting a Job

People who have finished high school or obtained a GED, but have received no additional training are four times likely to have been placed during the first six months of operation of New Community Employment Center than those who have not finished high school.

The results were even more dramatic when only applicants in the 16-19 age group were considered. This dramatic new evidence of the importance of finishing high school, or obtaining a GED for those who have dropped out, came to light in an analysis of the first six months of operation done by NC Employment Center. As a result of the analysis, NC Employment Center is planning to explore how more job opportunities can be found for young people who have not finished high school.

The report also shows that there were ten times as many Blacks as Hispanics among the 523 people counseled by NC Employment Center in the six month period ending January 31st. Of the people served, 97% came from Newark, East Orange, Irvington and Orange with more than four out of five of these residing in Newark. Of the 115 who were placed, 97% were unemployed when they came to NC Employment Center.

A copy of the report, which is entitled "Getting Results", can be obtained by sending a self-addressed envelope to New Community Employment Center, 15 Hill Street, Newark, New Jersey 07102.

Clarion Enters Third Year! Circulation Has Doubled



This issue begins the Clarion's third year. During this time we have doubled our circulation reaching 6,000 readers in the year ending March 1985. We have covered the tremendous growth of New Community Network and the addition of many services for its residents, among them the return of a beloved pediatrician, the services of a nutritionist, and a budding Extended Care

Facility. We have seen the opening of St. Joseph Plaza with the move of the administrative offices of NCC to its premises in downtown Newark. We are also looking forward to the new Neighborhood Shopping Center.

We will continue to keep you abreast of our activities and hope we hear from you from time to time.

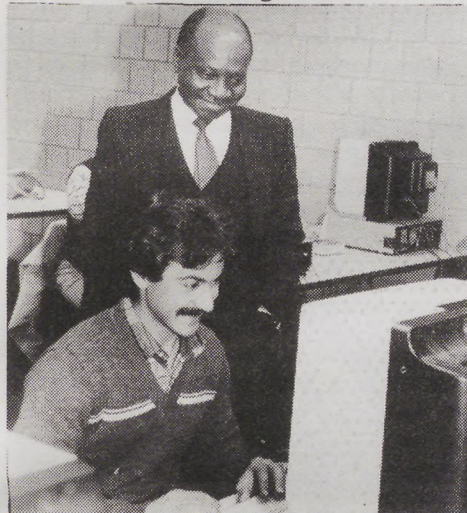
Pat Foley
Editor

Opportunity For A Second Chance

(continued from page 1)

take courses and their employers may even give them some incentive to go back to school. There are also many careers, he pointed out, which do not require a four year college degree. Nursing, for instance, can be pursued by getting an LPN at a vocational school, or going to Essex for an associate degree, or on to Rutgers for a baccalaureate. Each is a different career path, and you can go out and be gainfully employed while traveling it.

In the case of those who have lost one job, perhaps due to layoffs, and are retrained for another, the reauthorization of the Jersey Training Partnership Act provides subsidies for people who come to school for retraining but reduces those supports; and retraining takes time.



Dr. Yamba watches student at work with new IBM PC.

"What people fail to see in terms of the urban center, is that the transportation, the babysitting costs are just as important as tuition. The tuition is probably the least of our students' problems. Transportation on the other hand keeps going up. Yet people say, 'we give them free tuition, why can't they go to school?' The government does not want to subsidize, so they are caught in between. They must be on welfare," he explained, "but after they are on welfare for a while they cannot get tuition; they must be looking for a job, but they have no skills, so it's a vicious cycle," he concluded.

Fortunately the governors are beginning to recognize the work of community colleges and many states have tied in the High Tech industrial development to their community colleges. As President Yamba put it, "they are beginning to realize that one scientist needs a whole lot of technicians, but not a lot of other scientists."

"At Essex, we are forcing the issue now," he went on; the Essex County Program had set up 200 stations for computers, and that afternoon Yamba was to meet with NJIT to see how they could work together with their computers. The president pointed out that the County had been very supportive of the new computer program, helping with the main frame which cost about \$400,000. They also bought half of the personal computers and the other half were obtained with some challenge grants from the state. They now have programs in electronics.

In addition, Essex offers regular business courses, health and physical therapy programs, as well as X-ray

and dental hygiene studies. President Yamba was especially proud of the excellent social services curriculum and the criminal justice program, which because of a good working relationship with Rutgers, now offers an automatic entry into their baccalaureate program.

There is a monthly meeting of the presidents of these colleges and the relationship Yamba feels is very helpful. "We are learning to work in a complementary fashion," he said.

Becoming a bit philosophical, Dr. Yamba addressed the entire field of education, noting — "I suppose in the field of education and service you have to like what you're doing; in addition to that you have to be dedicated to serving humanity. Otherwise it will just kill you. It's a challenge."

He feels that people outside don't know what the aspirations are and what the frustrations are. They also don't realize what the struggle has been, "There are so many human interest stories; so many tragedies. Maybe it's not the students completely; the system has a part to play."

As an example, he pointed out the case of a nursing student he knew in a work study program. She had three or four children herself and was the youngest of 12 in her family. "She put in three years to go through nursing, but when she came in she had no science background from high school. It was a real struggle; it was touch and go. She didn't make it the first time," he told me. "And all the record shows is that she failed. But when you look at where she came from the effort is tremendous."

However, this is never shown. She is trying again and President Yamba feels this time she will make it. The opportunity for her to gain the science background she needs would not be available anywhere else.

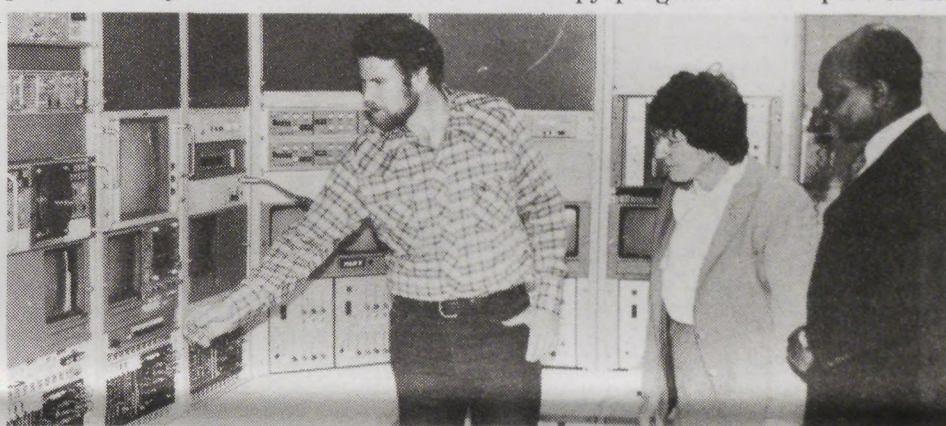
Some students have come to the College with a general purpose high school diploma and no background at all in Math or Science, "not even the old time business Math," he recalls; a practice which he thinks is unfair to the student. "It leads them to believe they can do something with this diploma, and there is a rude awakening when they find they cannot," he said sadly. This is where we have to come to grips because there are many people who really want to learn and want to advance.

"Those of us in two year schools cannot solve this problem alone," he observed. The failure lies partly within the Newark system which is so complex. There needs to be a getting together with elementary and secondary schools and the colleges to ask "what is it that we want for our society?" He has been talking to various boards to try various solutions. Essex will try to work closely with Central High and they already have a good working relationship with the Vocational High School. President Yamba feels it's time for the school system to pull itself out of politics and almost create an island. "We must say — the school system, the school children that we are to educate, they're sacred to us and we don't contaminate that!" The system must have as it does in the suburbs, professionals, whose only concern is

to educate. "And if they don't make it, you change them," he added. "I think the political situation is to the point where it's beginning to affect the total system; where you can see it in the kids... Maybe the system is getting to the point where it has no faith in them; where it begins to abandon them, and they feel it. A case in point, he commented, was the huge Essex Campus, 22 acres, with very little graffiti, and also along Martin Luther King Boulevard — none. But when you get to Central, that's all you see. There's a stark difference, and I say to myself, why?"

To reach out to the Community, the College has begun a Saturday Youth Program working directly with city parents and hopes that will make a difference. It is designed to draw people to the campus so it is part of their lives at an early age.

President Yamba's voice was excited as he told how on Saturday the College has 400 or 500 kids on campus, from 4 year olds to seniors in



Ray Zwingraf explains television control room to Clarion Editor, Pat Foley, with Dr. Yamba during recent visit to Essex County College.

high school, doing all kinds of things.

"Some are taking computer classes, some electronics, and some are just taking dance lessons, nothing in particular, here on Saturday, and I'm extremely proud of that," he said happily.

At first the requirement was that a parent and child must come together, in order to introduce the parents to the possibilities for themselves as well as their children at Essex. But now that rule has been relaxed as the program has grown and gained acceptance within the Community. The facilities are for all and Yamba will continue trying new ways to maximize the College's contribution to the Community.

Another benefit to be available shortly for students is daycare. Facilities have been built into the

new \$4.5 million gymnasium now under construction on West Market Street adjacent to the main building.

There will be room for 100 children of students in the building, which will be a multi-purpose facility housing basketball courts, handball courts, volleyball courts, tennis courts, a dance studio and exercise equipment. It will also be used with portable stages for shows and other events. The building will fill a desperate need for recreational facilities so necessary, Yamba emphasized, to give a healthy outlet to youthful energies. The community has been very supportive of this College's needs and so have the Freeholders, he said gratefully. He also mentioned the lack of recreational facilities for youth in general, and felt it was detrimental to the Community as a whole.

One of the lesser known programs offered by the College is one in ophthalmic sciences, and a physical therapy program is also part of the

curriculum. The College boasts an excellent media training program complete with broadcast quality equipment and a TV studio which is rented at times by CBS and WOR and which was used by Vice President Bush to tape a speech he had to make when New York studios were fully booked. The opportunities for entry into the media field are many with the sophisticated equipment President Yamba showed us with pride.

The interest and support of the Community, and its active involvement in the programs provided by the College for them and for their children, will in the end, determine the quality and effectiveness of the education it will provide.

As President Yamba wisely observed, "any system is as good as the Community wants it to be."

Dr. A. Zachary Yamba: A Biographical Sketch

Dr. A. Zachary Yamba was recently interviewed concerning the future of education in Newark, and the role of Essex County College.

Dr. Yamba has been president of Essex County College since 1980. Before becoming president of the college he had been Dean of Faculty and Liberal Arts as well as Director of Humanities.

He received both his B.S. and M.A. in Languages and Education from Seton Hall University in South Orange and while there, was the recipient of the Order of the Cross and Crescent for academic excellence.

While pursuing a doctoral program

of studies in Languages, Bilingual and Bi-cultural education at Rutgers University, New Brunswick, New Jersey he received the Russel Scholarship for academic excellence.

Dr. Yamba received his Ed. D. in Educational Administration from Pacific States University, California.

He is presently a member of The State of New Jersey Joint Training Coordinating Council, a member of the Urban Education Advisory Task Force, a member of the Private Industry Council (PIC) of Essex County and a member of the Board of Education, Essex County Vocational Schools.

The Anti-Crime Corner



by Georgia Ransome

Advisory Board Needed

The formation of an advisory board to the Neighborhood Anti-Crime Program is now underway. This board will consist of residents from the NCC family and senior complexes. Upon completion of the crime survey, the board will determine what needs should be addressed and the role that the anti-crime program should take in our community. The objectives will be to reduce fear in the community and the op-

portunity for crime. The success of the program will be determined by the input from the community. If you feel you would like to serve on this board please contact Georgia Ransome 622-4357 to sign up. Your cooperation is greatly needed and will be appreciated.

Computer Piques Enthusiasm

The computer system being designed for NCC Security Department is near completion. It has sparked interest in the department as it will be a definite upgrade and a chance for advancement within security. There are presently employees within the department who have some knowledge of computers; there are others eagerly awaiting training. New Community has taken a giant step forward in the evolution from manual to computer. Many of our current management, maintenance and social services reports are done in house by computer. As our society evolves into the computer age New Community is preparing to meet the change.



CARING FOR YOURSELF

Do you ever have to take care of yourself after school or while your parents are running an errand? Do you have to watch a brother or sister too?

You know your parents and I, McGuff, the Crime Dog, want you to be safe. Taking care of yourself is a big responsibility, but you can handle it if you follow these tips:

- Make sure you know how to reach your parents where they work and what to do in case of a fire or other emergencies. Learn all the local emergency phone numbers—fire, police, hot-lines, poison control center—and make sure they're posted near all the phones in your home.
- Be sure you know how to use the telephone correctly—both pushbutton and dial—and how to make local, long distance and emergency calls, and how to get the operator.
- Check in with your mom or dad or a trusted neighbor as soon as you get home.
- Make sure you know how to work the door and window locks and lock the door after you come in.
- When you're home alone, never open the door for anyone you don't know well or are unsure of. Check the identity of service people by calling their office before letting them in. And don't let unfamiliar callers know that you're alone.
- If you feel you're being followed on your way home from school, don't go home—go to a store, or back to school, or to the nearest "Safe House."
- With your mom and dad, select a place to keep a key or keys and money for lunch or emergency phone calls.
- Never go anywhere with another adult, even one who says he or she has been sent by your parents. You and your parents might want to adopt a secret "code word" as a signal if another adult has to pick up you.
- If anything happens to you while you're alone that makes you feel uncomfortable, tell an adult you trust. Always. Every time.

Babyland II

During this spring period the PRS parents will receive life saving "Breathing Techniques" training by Soledad Alston, RN, pediatric nurse practitioner. Many parents find themselves motivated to increase their parenting skills through these weekly parent workshops. The training will include a lecture and "hands-on" experience by using the new infant/baby sized manikin with human like air passages and simulated pulse.

The parents are in the planning stages of springtime activities, which will include bowling, water exercise and parent-child projects.

Throughout this season the staff, parents and children eagerly prepared for monthly holidays. February activities involved gathering a large arrangement of pictures for Black History Month. The stage board is filled with many people who have made valuable contributions to benefit all of mankind. Especially enjoyed by all was the making and exchanging of Valentines cards and Valentines day goodies.

To welcome the spring the children will plant flower seeds, to increase their learning experience.

Beverly Dunn

Social Worker and Supervisor

Babyland I

At Babyland I, the children are studying Black History Month. Cue cards were prepared by the caregivers, so that children could see the historically famous people and they then asked the children to try and remember what these people did and who they were.

The caregivers are also trying to plan several field trips for the upcoming spring season. Some of the field trips include a visit to the St. Rose of Lima Tot Park, The Turtle Back Zoo in West Orange, and the pet shop on Springfield Avenue, Newark. Babyland Nursery I welcomed several new babies: Edwin Burgess, James Sterling, Rajhan Elliott, Ahmad Miller, Rabiham Hampton, Femitayho Ojewale, and Maurice Williams. We do hope they will be very happy at Babyland I.

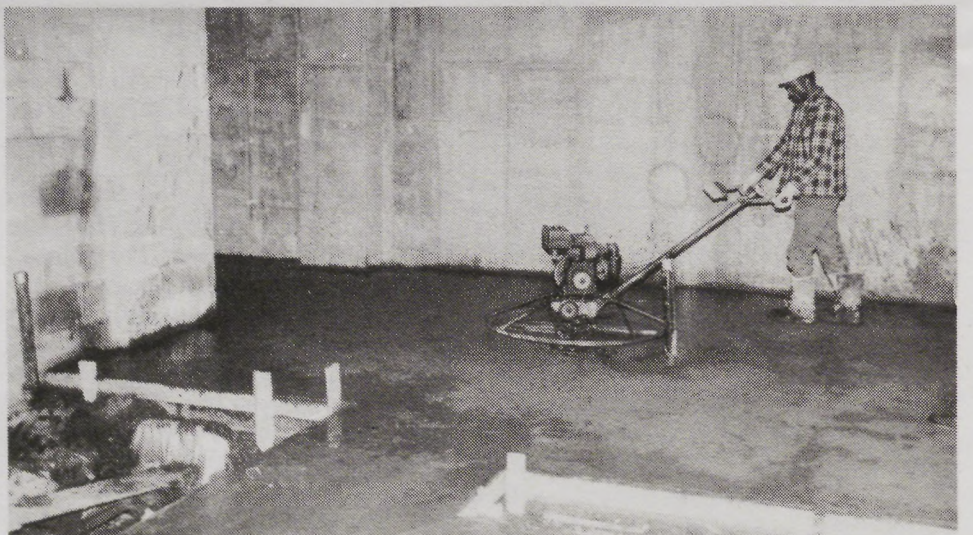
Babyland I also welcomed a new staff member — Lois McManus.

Dean's List



Wanda Moses of New Community Homes, a Computer Science Major at Seton Hall University, made the Dean's List in her first semester. Wanda also works part-time for New Community.

Inside the NCC Extended Care Facility



Worker uses trowel machine to smooth cement floor in basement of NCC Extended Care Facility.



1985
Year of the Teddy Bear



Please help Turtle Back Zoo give new stuffed bears to sick and abused Children. A bear is often the best medicine against fear and loneliness. Help us provide bears for these Children to hug. For more information call (201) 731-5800.



CPR

CLASSES

American Heart
Association

OPEN TO
ALL STAFF



NCC, ST. ROSE
BABYLAND
NCC RESIDENTS

MONDAY 6:00 - 9:00 P.M.
NCC COMMONS PAVILION
298 MORRIS AVE.

Instructor Soledad Alston
375 3143

NCFCU Payroll Deduction Plan... *a painless way to save!*

All employees of NCC, Babyland, St. Rose of Lima—the NCFCU has a special service for you which is the payroll deduction plan.

To help you understand how a payroll deduction plan will be to your advantage here is an explanation of how it works:

1) What is payroll deduction?

- Payroll deduction is a mechanism whereby a portion of your salary is deducted and goes into a savings account or to be used as a repayment of a loan.

- Payroll deduction will be made SEMI-WEEKLY on a regular basis for a fixed amount.

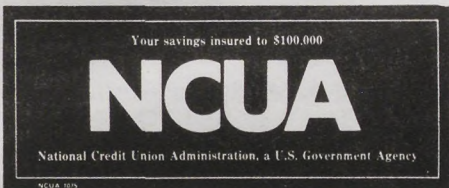
- All payroll deductions must be authorized by the individual employee.

- An authorization card must be submitted to the Credit Union at outset for a SEMI-WEEKLY deduction.

2) What is the advantage of payroll deduction?

- Payroll deduction encourages the members to have better money management through savings.

- Using payroll deduction makes



it painless: if you don't see it, you don't miss it.

- Using payroll deduction also helps the members to achieve a greater financial responsibility.

- Loan repayments using payroll deduction are made easy in a timely



Marie C. Damestoir

manner.

3) What is the process for implementing payroll deduction authorization

• Marie Damestoir, the Credit Union representative, will be setting up meetings starting March 1, 1985 to meet with each network department. At that time she will be taking membership enrollments and payroll deduction authorizations. Each network department will be receiving a memorandum stating the date and time that she will be on site. At that time if anyone has any more questions she will be more than happy to answer them. The network of NCC, Babyland and St. Rose of Lima has approximately 360 employees all together. In order for the payroll deduction plan to be effective the NCFCU must have about 75% of the employees on this saving plan.

For more information contact Marie Damestoir at 623-2800 extension 208.

Credit Union Computerized

The New Community Federal Credit Union has initiated the implementation of a comprehensive computer system. The software provides the credit union with an automated system to store and retrieve all member account information, to establish payroll deductions and direct deposits, prepare financial statements and create numerous management reports. The hardware configuration provides a terminal for teller and management processing, a high speed processing unit for timely and dependable response, a dot matrix printer for member receipts and management reports and a mass storage device to hold historical data.

The software has been developed by Waverly Financial Systems of Baltimore, Maryland. They specialize in software solutions for non-profit corporations and have installed this system for several community development credit unions.

union to enter membership information and perform teller transactions.

The modules provides the teller with accurate information at the time of the transaction. It provides a history of previous transactions, performs calculations, continual accounting of cash and checks received or deposited, provides member receipts and prepares a complete audit trail of all transactions. In addition payroll deposits and direct deposits can be established. This enables a predetermined portion of your income to be directly added to your savings account and or transferred as a loan payment. The advanced security restricts usage through passwords and ID codes.

The remaining modules are presently being installed. They provide detailed reporting capabilities and the ability to monitor many aspects of loan accounts, specifically loan payment schedules and past



Jim Rohrman and Marie Damestoir review the Credit Union Computer Program with Mary Ann Friedman of Waverly Financial Systems.

The system consists of a series of modules that interact to access, modify and delete the various data files. The major modules are teller processing, loan processing, statistical analysis and report generation, accounting operations and advanced security. On Friday, February 8th, Marianne Freedman and Gerry Stahl of Waverly installed the teller processing and security modules. This enables the credit

due reports. In addition, the accounting module enhances the accuracy and timeliness of the bookkeeping and generation of financial statements.

The computer system will provide the New Community Federal Credit Union with many benefits. Whatever the form of the benefit, the impact is realized in better services for the members.

Jim Rohrman

A Light Is Shining In The City

Editor's Note: On November 27, 1984 the Stella Wright Christian Community, a group of people from Stella Wright public housing project in Newark, turned over a total of \$90,000 to the Sisters of Charity at St. Elizabeth's College, Convent Station, with the request that they administer the principal and turn over the interest received, in the form of a Scholarship Fund, to each of three schools in Newark: St. Vincent's Academy, St. Benedict's Preparatory School and Queen of Angels School. The people raised the fund themselves by various activities over many years, including a bingo game in Newark and one in Montclair sponsored by Operation Understanding, a 1960's urban and suburbs cooperative organization.

A letter of explanation concerning the origin and meaning of the Scholarship Fund prepared for the recipients follows:

A Message to the Recipients of Scholarship Grants:

"A Light Is Shining in the City." This is an expression often used by and about the people who made up Stella Wright Christian Community (S.W.C.C.).

In 1968, Stella Wright Homes was a high-rise project housing 1200 families in an area of two square blocks. There were many problems

in this project including overcrowding, broken elevators, no tenant screening system, crime, fear, and a complete breakdown of communication and control of the environment by the people who lived there.

It was at that time that a group of people began talking and meeting in one another's apartments. Motivated and supported by their human and Christian beliefs, they began to develop a vision, a dream of changing and improving their environment and their lives — to help themselves and their children. They formed themselves into Stella Wright Christian Community and set about building their dream.

They ran summer programs which expanded into year round activities — socials, tutoring programs, sports teams, events for senior citizens, for families and for children. To address the deplorable housing conditions, S.W.C.C. organized an open election for a tenant association. Through the efforts of this association, a rent strike was called that lasted over four years and resulted in the establishment of Tenant Management and some other modest improvements.

In order to become more in control of their lives, this group from the beginning sought to raise funds to support its own activities. They sold

dinners, held raffles, ran bingo games. Eventually, they raised enough money to consider an alternative to life in the Stella Wright housing project. They purchased seventeen units of housing in and around the City of Newark. Many of the units were rented to families of S.W.C.C. at rents they could afford.

During the course of this struggle, this building of a dream, many achievements and some setbacks occurred. The greatest and most enduring accomplishments, however, were those that took place in the lives of the people who entered this struggle. In giving, they received, in working to improve their lives, they grew into bigger, stronger and happier persons.

Today, most of the group have gone their separate way, some have died, others have moved to different towns or are following different pursuits. The buildings have been sold.

It was always the understanding of the group, that when it disbanded, its assets would be given to help others pursue a similar cause. To this end, S.W.C.C. has chosen to set up a Scholarship Fund to help deserving youth from Newark have a chance for a better education and a better life.

Through the course of its struggle, S.W.C.C. was often helped by others. Now it seeks to do the same. In establishing this Fund, S.W.C.C. seeks to "keep the light burning." By helping young people from Newark, it seeks to help others help themselves. In this continuing process of people helping people and people helping themselves, the light in the City will always burn as a light of hope, a light of love, and a light pointing to a better tomorrow.

We wish you well!

The Members of
Stella Wright Christian Community

St. Benedict's Prep

(continued from page 1)

and middle class backgrounds.

The school remained a middle class white Prep school until 1967, when several factors — such as the Newark riots, a general disaffection for Catholic education and the introduction of regional high schools by the Archdiocese of Newark caused a drop in enrollment and forced them to make a thorough re-examination of the school.

The decision to close the school in 1972 precipitated a split in the Benedictine Community in Newark, as 16 monks left. Simultaneously however, there was anger at the closing and a refusal to abandon Newark by the remaining group of monks, some alumni and others who believed that they were surrounded by the greatest challenge yet.

After a year's hiatus they regrouped, and with 14 monks and a predominantly black student body of 87 students (of which our photographer was one) began anew with a spartan existence in light of a lack of money. Former financial backers remembered too well the pic-

350 is deliberately interracial," explained Father Albert, "with a preponderance of Newark residents, mostly black." The tuition is \$1400 a year, but Father Albert asked me to make very clear that any boy who **really wants to come to St. Benedict's can.** He stressed the fact that "there is no boy who has not come here because he couldn't afford it." "There are plenty of kids who've never **applied** because they couldn't afford it," he told me by way of clarification, "and there are even kids who have withdrawn from the school because their parents wanted to pay the tuition and couldn't, even though they were told there's money available."

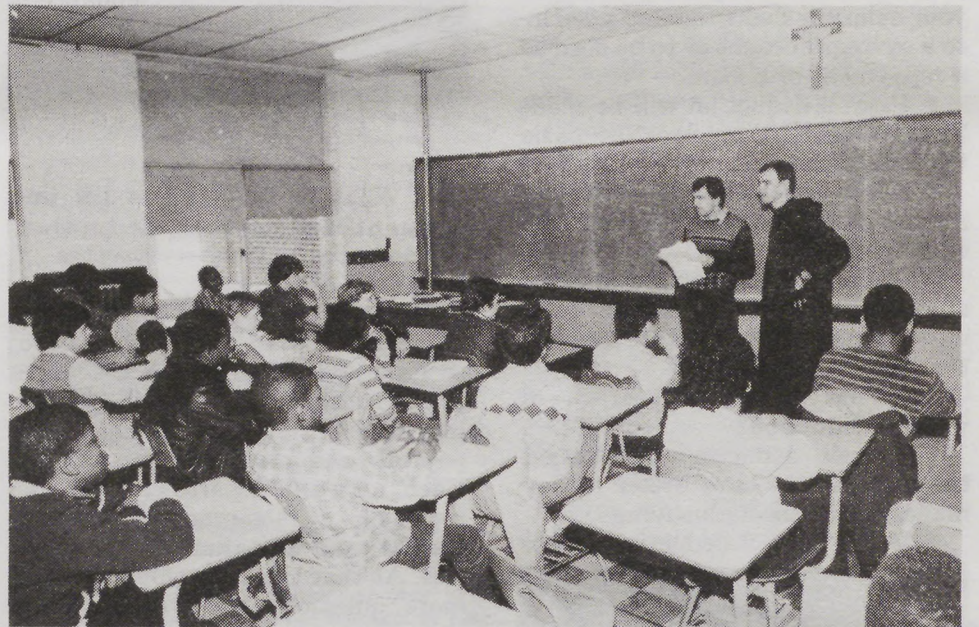
Where did this money come from in such difficult circumstances? "Well in the beginning we went out to our friends in the suburbs and turned them upside down and shook 'em until we got some money out of their pockets, and then we took that money and paid it to St. Benedict's Prep so certain kids could go to school here," he recalled animatedly. Now they do it on a much bigger

the average St. Benedict's teaching salary was \$15,244. The third part of the campaign is devoted to property acquisition and development to satisfy the ever growing physical needs of the school. A recent unprecedented \$5 million donation from alumnus Robert E. Brennan of Brielle, New Jersey, founder and Chairman of First Jersey Securities, has promised financial security to

located in the balcony. The small size prevents it from being divided for after school activity use by 350 students.

The rebirth of St. Benedict's has been attributed to many things, but one thing stands out — and that is the strong sense of dedication to the school and to each other that comes across while you are there.

I mentioned the reaction of Har-

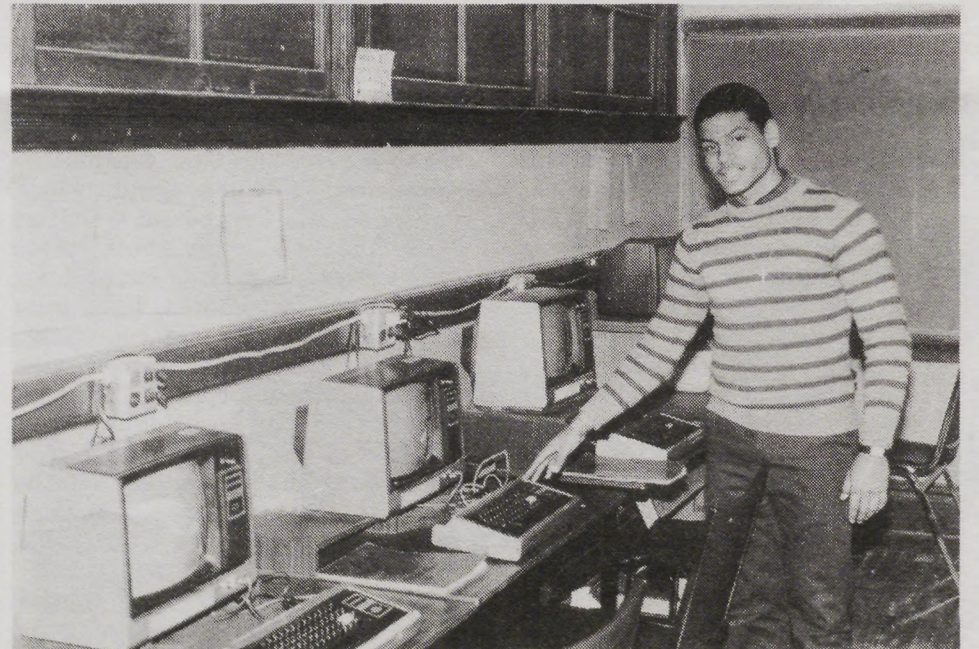


Father Ed Leahy monitors class during a random round.

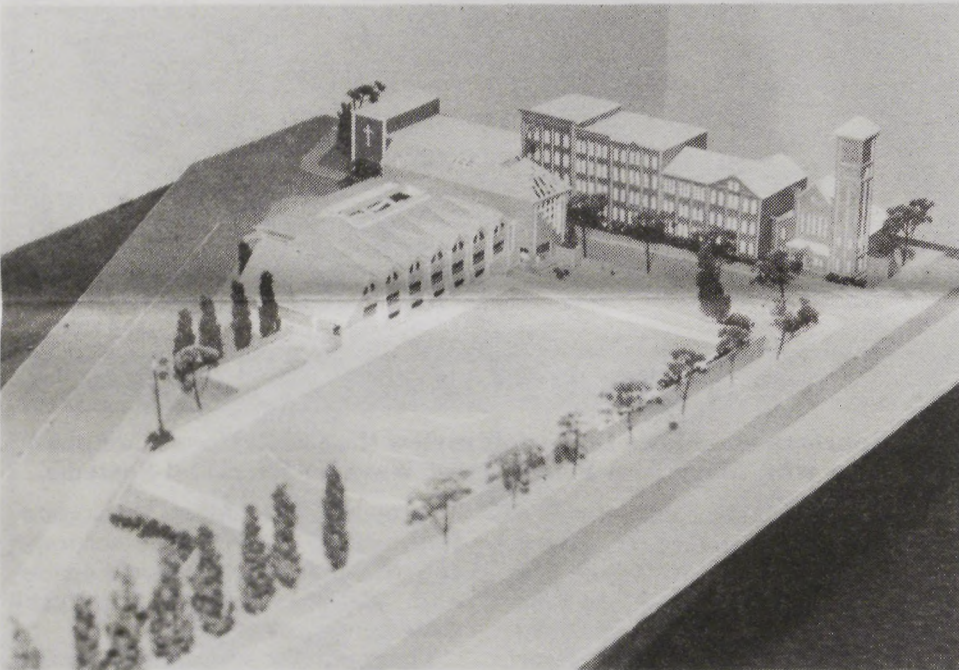
its new development program and a release from the hard years since it reopened in 1973. Another million and a half has come from fewer than thirty additional gifts, and the school is now preparing to reach all the alumni and friends it can for the remainder of its \$8 million goal. As Paul Thornton, Director of Development told me, when I commented on the boost of the Brennan gift toward reaching that goal, "yes, it was a help but we still need all of it." The plan will not work without the additional, vital, million and a half dollars they are still seeking.

The expansion program would include the development of a parcel of urban renewal land of nearly 3 acres across from the school. Plans call for playing fields, and a multi-purpose building for recreation, which would include 2 basketball courts as well as a TV studio and classrooms. The gym would replace the existing 1921 state of the art gym with its one basketball court and a track

rison Greene our photographer, to the idea of this story. Before we had reached the school I had been privy to the unusual welcome given freshmen, to bond them together. They come with sleeping bags in hand and are inundated with studies, sports, school history, rules and a gymnasium floor for a bed for the first week. They also serve one another meals. The session quickly breaks down barriers and builds up a sense of unity among them. He then went on to ask, "Did you know that many famous people are alumni of St. Benedict's?" pointing out proudly that among them were a Rhodes Scholar named Frederick T. Smith, and the former legal counsel to President Dwight D. Eisenhower, Bernard Shanley. Father Leahy spoke about the importance of the alumni to the school. He sees them as good role models for the boys, especially those who come from homes where there are not good role models. One thing that pleases him



Jason Findley discusses use made of computers at St. Benedict's Prep as well as equipment available.



Shown above is a model of the development plan and new building designed by Gregory R. Arner, AIA, of New Providence for St. Benedict's Preparatory School, Newark. The Architect is a graduate of St. Benedict's. The building will be a multi-purpose gym and classroom facility. It will be tied in to the existing school by an enclosed bridge. The surrounding land will provide outdoor places for playing and parking. The beauty of the new building and the entire site when finished is intended as a celebration of St. Benedict's hope for and faith in the future of the City of Newark.

tures of the troop carriers in front of St. Benedict's during the riots, and were doubtful of its ability to retain the same rigorous college preparatory program it had.

"We thought it was going to open up as a much different school explained Father Albert. "We called it St. Benedict's School, at first. But the kids who walked through the door — they weren't going to St. Benedict's School. They were going to St. Benedict's Prep, no matter what we called it. It soon became evident that as far as our neighbors were concerned and the kids who were going there, it was St. Benedict's Prep re-opened."

Time has proven they could be and are the academically excellent school they always were, although there have been some changes.

"The present school population of

scale with an endowment fund. About 25% of the present student body is eligible for Financial Aid. For most of the parents and students there is struggle and sacrifice necessary to go to St. Benedict's.

One interesting note is the contribution made to the St. Benedict's Scholarship Fund by a group of residents belonging to the Stella Wright Christian Community. Stella Wright is one of the public housing projects in Newark. The proceeds from their own fund will bring in about \$3,000 a year in tuition aid to students. (see related article "A Light is Shining in the City.")

St. Benedict's presently has a campaign underway to provide a \$1 million scholarship fund and teacher's endowment fund of \$2 million to enhance unrealistically low faculty salaries. In 1983-1984

is that today he often finds alumni walking the halls with students or sitting in the balcony during basketball practice. Bob Brennan is often there and is well known to the students. He feels it is helpful for the boys to talk to people who are successful and motivated. According to Father Leahy, "any boy who wants to try, can make it."

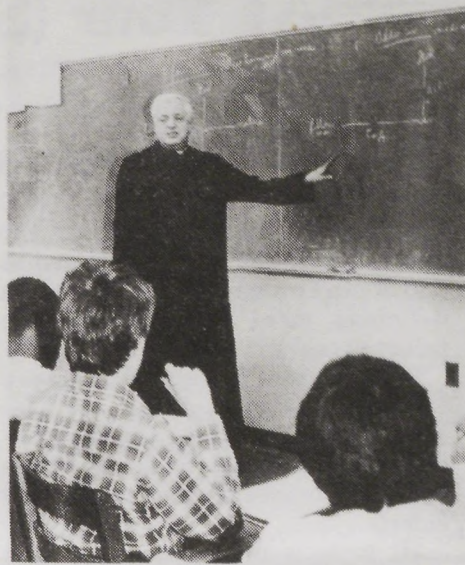
All graduates of St. Benedict's leave qualified to apply for college since the emphasis is College Prep, explained Father Albert, "but we don't judge our success or failure on the basis of how many kids go to college." He hoped, however, "that each graduate would at least be a self-respecting person who could read, write and compute on some competent level."

The school year at St. Benedict's runs for 11 months. It is closed in August. In May all classes stop and students are involved in out of classroom service projects for 5 weeks — which include such things as: study of the City of Newark, ar-

change programs are also available, both in and out of the country, through the American Field Exchange.

Religion is a four year requirement. "It is hoped that students grow up in a context of faith," Father Leahy told us adding, "Religious classes are centered around scripture, moral questions, church teaching and dogma." At the beginning of each day the students also gather in the cafeteria for convocation, consisting of student led prayer and Scripture reading followed by the taking of attendance, and announcements. When students go to lunch, they pray before lunch, he told us.

When we were subsequently joined by Jason Findley, one of the troika of student leaders governing St. Benedict's, Jason explained the competitive team nature of the school as we walked the halls. The student body is divided into fourteen groups, each of which has about 25 students representing every age



Father Matthew teaches religion class at St. Benedict's Prep.

by the Group Leaders and older students. Faculty advisors work through these groups as well. The Group System is designed to develop leadership among the students.

Jason pointed out that attendance counted toward the Group record and even on snowy days, you were expected to get there. Grades also enter into Group Points therefore the members of the group have an incentive to help others in their group who may be having trouble.

We wound our way past a well stocked library and along a Hall of Fame lined with pictures of prominent alumni, finally stepping out onto a grassy quiet area near the

monastery garden, overlooking but apart from, downtown Newark. Jason goes there frequently in nice weather he told me, because of the peace he is able to find there.

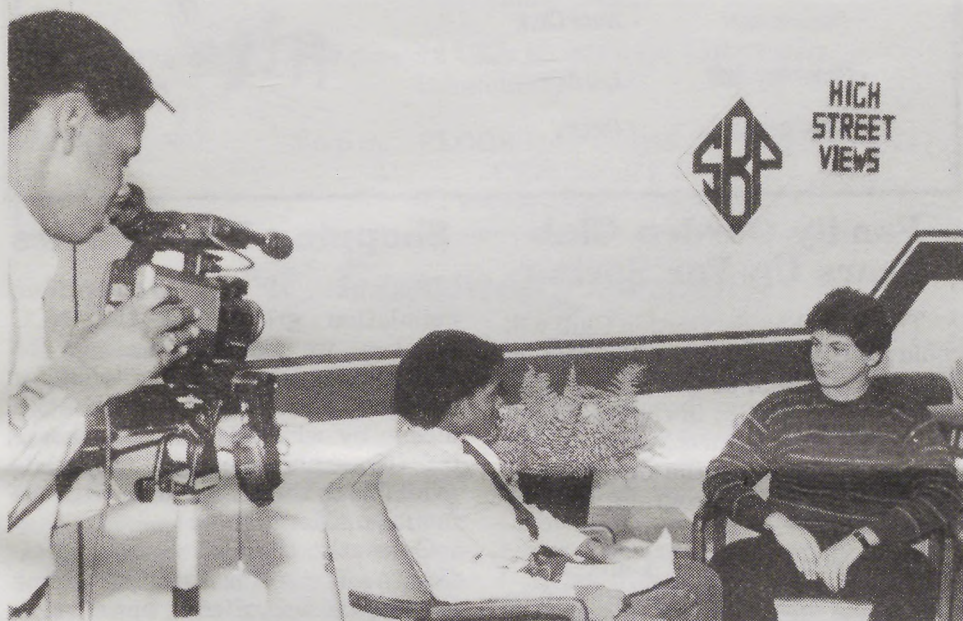
Our next stop was a window overlooking a roof since Harrison was fascinated with the fact that the monks tend four beehives on this roof in downtown Newark and insisted I see them too. Newark fields provide some of the best honey anywhere, he told me.

After looking in on science rooms and the computer training room we said goodbye to Jason our gracious host and headed down to find Paul Thornton, Director of Development to discuss the campaign to revitalize the school.

As we were visiting him in the new Development Office, he noticed Harrison looking around. Harrison explained that he was an alumnus and was trying to figure out where this office was, and what it had been before. It was as if a door had opened — as a rush of words poured out between the two, while Paul explained that it used to be the laundry; and "do you remember" followed in lively fashion, as memories quickly surfaced like air bubbles from a diver's tank.

Two Benedict's men were joined again in that magical bond that somehow seems to envelop the school. Perhaps part of it is that when alumni return, the same faces are still there — for these monks are here to stay.

And so it seems, is St. Benedict's.



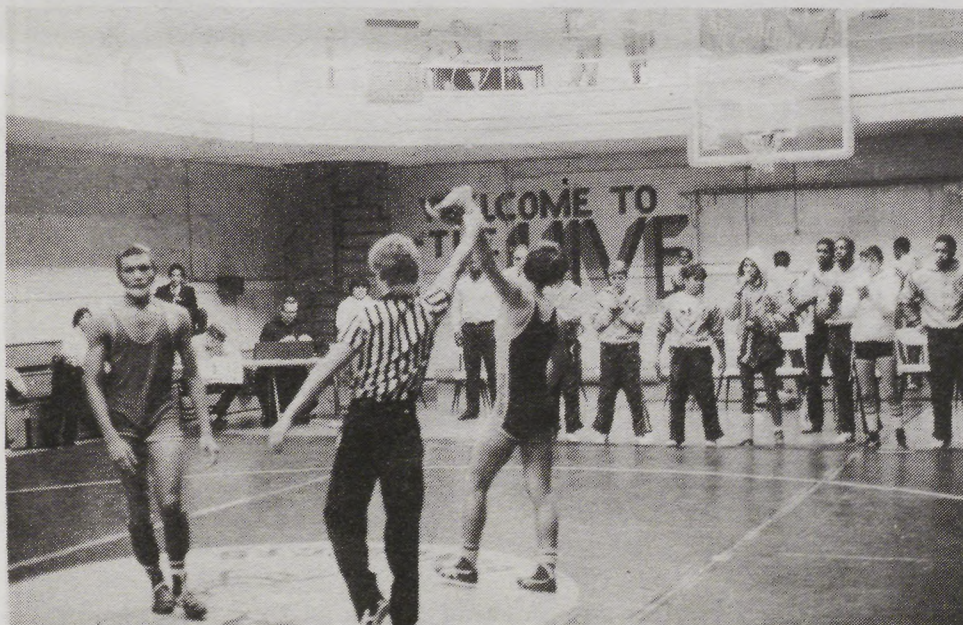
St. Benedict's students tape High Street Views in school studio, for use on Cable TVs Public Access Channel.

chitectural design and, mandatory for Freshmen, a 42 mile back packing trip along the entire New Jersey section of the Appalachian Trail. Students also have an opportunity for study in interesting places, as the school is the only New Jersey member of the prestigious National Network of Complementary Schools, involving 30 high schools in the United States, Canada and the Virgin Islands. Two students were about to leave for an exchange program in Seldovia, Alaska. Other ex-

and grade level. Members are selected from the Freshman class on the basis of a draft system depending on the number of points earned the previous year according to established competitive school criteria. Each group is named after a famous teacher or alumnus, and students carry with them the realization that someday their name could be among them. Each group elects a Group Leader who then represents it at meetings with the headmaster. Discipline is handled



Jimmy Scarpone, class of '58 from Glen Ridge, NJ demonstrates wrestling fundamentals as son Jason Scarpone stands by his brother Justin, also part of the St. Benedict's team, demonstrating the part family tradition plays at St. Benedict's.



Referee calls Gray Bees victory, a common sight in The Hive.



**A Bridge
to the
Future**

At Your (Social) Service

by the Staff of NCC Social Services Department

For information concerning Social Services activities please call 623-6114

First Fund Raiser From NCC Youth Council

On February 15, 1985 in the Gardens Family pavilion, from 11:00 a.m. 'til 2:00 p.m., the Youth Council gave a fish and chicken fry. The meals consisted of chicken or fish with potato salad, stringbeans, tossed salad, bread and butter and soda. The council got started at 11:00 a.m. promptly and were sold out at 2:00 p.m. I would like to thank the N.C. YOUTH COUNCIL who made this first fund raiser a success.

CONGRATULATIONS and keep up the good and hard work.



Pre-Teen Disco

February 15, 1985 also was the date for a pre-teen disco in the Gardens Family Pavilion. The kids really enjoyed themselves. We had a lot of children come out to support the disco. One of the children named Bernard Hill requested "HEY SHEILA LET'S HAVE A DISCO EVERY FRIDAY. IT GIVES US SOMETHING TO DO." Another kid replied -"YES, BUT LET'S STAY LONGER BECAUSE WE HAVE A WONDERFUL TIME HERE IN OUR COMMUNITY. THE TIME YOU LET US COME AND HAVE FOR OUR DISCOS WE REALLY APPRECIATE." If your child has not been to a disco yet they are missing a good time. The next disco is scheduled for March 22, 1985 in the Gardens Family pavilion from 4:00 p.m. until 8:00 p.m. Refreshments are sold.

GED Testing Preparation Classes

G.E.D. testing preparation classes are being held every Saturday from 12:30 p.m. to 3:30 p.m., for 16 weeks from February 9th until the end of May, 1985. There is a \$5.00 registration fee plus \$7.00 for the g.e.d. Manual.

The instructor is Mrs. Finesia Smith from the Essex County Career Center. If interested please feel free to contact Sheila Washington.

NOW, THERE IS HELP

THE ESSEX COUNTY FAMILY VIOLENCE CENTER

SHELTER — COUNSELING
REFERRALS BY TRAINED STAFF
FOR
**BATTERED WOMEN
AND THEIR CHILDREN**

484-4446 SPONSORED BY
24 HOUR HOT LINE CALL ANYTIME BABYLAND NURSERY, INC.

Nutrition Site Opens

On Monday, March 4th the NCC nutrition site opened its doors to the public. Those seniors who arrived at 180 South Orange Avenue received a delicious meal prepared by the talented cooks of Babyland Nursery.

The program, funded by the Essex County Division on Aging, provides 100 meals daily, Monday through Friday. In addition 20 meals-on-wheels are also provided for the home bound elderly.

All persons 60 years of age and older and their spouses are eligible to take part in the program.

The meals, served between the hours of 12 noon and 1 PM daily, are provided for a voluntary contribution, on a first come-first served basis.

For further information please call NCC Social Services 623-6114.

Manor Families 72 Club Organizes For '85

Recently, the 72 Club held their regularly scheduled meeting. During this meeting they reaffirmed their officers and outlined their plans for the year.

Their plans include possibilities of a summer program (which was very successful last year). Participants will be residents of Manor Mid-Rise complex and Manor Town Houses (across the street.) The program will serve children up to age twelve.

This club also plays a major part in the coordination and operation of the Garden Club. The Garden is located adjacent to the Manor Mid-Rise building. Mrs. Bertha Brown, President of the club and other members of the board have done a great job in helping with the overall activities for their building.



HEALTH SKILLS TRAINING PROGRAM



- Admitting Clerk
- Dietary Worker
- Housekeeper
- Ward Clerk
- Pharmacy Aide
- Lab Aide
- Transporter
- Dietary



Health Skills Training Program Offered

The Health Skills Training Program is designed to service students aged 18 years and older, who have a high school diploma or G.E.D., who meet Jersey Training Partnership Act eligibility requirements, who test above sixth grade competency in English and Math and who demonstrate a real interest in health service work and a career in the health field. These students will be trained in a 210 hour program (five 7 hour days for 6 weeks) which includes classroom instruction and clinical experiences in Essex County.

Family Garden Club Gears Up For Spring

The NCC Family Garden Club will hold its first meeting for the year on March 20, 1985, at the Manor Mid-Rise, 72 Hayes St., in the community room. At this meeting plans will be made regarding the initiation of the family garden program, for this year.

The Family Garden Club, was started last year rather late. In spite of that we did have a very successful crop. The garden included: tomatoes, collard greens, mustard greens, a variety of flowers, string beans, squash, etc.

Anyone interested in joining should contact the Social Services office for more information. CHILDREN ARE INVITED TO JOIN ALSO.

V. Scott

Shopping For Families

Because of the tremendous population growth of the NCC families, we find it necessary to make transportation available for families who may be without a means by which to do their shopping. Transportation will be made available to them beginning with the month of March.

Currently, there is no transportation available for families. Some time ago it was offered; however, at that particular time there was not enough interest. A specific date has not been set up to start, due to the fact that the large bus will be the vehicle that will be used to take families shopping and is presently being repaired. However, this service will definitely start during the month of March.

Persons interested must contact the Social Service office to register.

New Automobile Decals For Residents

All tenants with privately owned cars will have to contact their manager (623-0910), and make arrangements to get a new decal. This is being done so that we can better protect your property (car), and contact you more easily, should there be any problems with your car. The change will also assure that spaces intended for you, the tenant, are being properly used. All tenant car owners will need to bring a copy of their auto registration when coming in to get their new decal.

Tenants are not allowed to park their cars that have been damaged in accidents and are not working in our parking lots. All cars must be able to move at all times. Please check your tires, and be sure that your car is in working order so that in case of an emergency you can move it.



Mr. Chaneyfield applies new parking decals as Director James Du Bose and Sgt. John Jackson look on.

FAMILY ACTIVITY CALENDAR FOR MARCH '85			
March	Day	Time	Program
5th	Tues.	3:00 p.m.	CERAMICS CLASS (every week, 545 Orange St. same time)
7th	Thur.	3:00 p.m.	CERAMICS CLASS (every week, 180 So. Orange Ave. same time)
8th	Fri.	9am-8pm	GARDENS TENANTS ASSOCIATION FISH FRY 220 Bruce St. (Gardens Pavillion)
5th	Tues.	6:30 p.m.	Family Advisory Board 220 Bruce St. (Gardens Pavillion)
6th	Wed.	6:00 p.m.	HOMES FLOOR CAPTAINS MEETING Babyland 3 Conference room
7th	Thurs.	6:00 p.m.	Manor mid rise Bld. (225 Hunterdon St.) FLOOR CAPTAINS MEETING (community room)
11th	Mon.	4:30 p.m.	Cooking Classes (every Monday, Gardens Pavillion same time)
13th	Wed.	4:00 p.m.	72 FLOOR CAPTAINS MEETING (community room)
18th	Mon.	5:30 p.m.	72 Club MONTHLY MEETING (community room)
24th	Sun.	3-6 p.m.	FLOOR CAPTAINS APPRECIATION CEREMONY 72 Hayes St. (72 Club)

NC Commons Seniors

I am very happy to say that everyone I have seen is enjoying the very best of health and going on about their merry way.

The 140 Club as usual are really on the ball. These Club-members really enjoy themselves. They are together. A surprise Birthday Party was given for Ms. Pete Hooks. Surprises are so nice. I know she felt good to have such thoughtful friends. A good time was had by all!

Our beautiful kitchen is now finished and operating. It is well equipped, and being used daily.

Every morning over the intercom you can hear a very pleasant voice saying "good morning everybody, breakfast is now being served in the community room." It is a delicious breakfast too, consisting of sausage, bacon or ham, grits and eggs, rolls and coffee at a very reasonable price. So try it sometime; you will be glad you did. It smells so good throughout the building every morning now!

The "Mens Club" of 140 are responsible for this. They are a very nice and courteous group of young men.

Mary Porter

Cherry Blossom Run Set For April 28

The exquisite, fifth-annual "Cherry Blossom Run," a 6.2 mile or 10-kilometer race through historic Branch Brook Park, will be held on Sunday, April 28 at 10 a.m.

The increasingly popular Cherry Blossom Run is sponsored by the Essex County Department of Parks, Recreation and Cultural Affairs and many local businesses and is a favorite among runners, drawing Olympic marathoners from as far as Somalia in Africa. More than 1500 registered runners enjoyed the challenging run through scenic Branch Brook Park, the nation's oldest county park located in Newark and Belleville. That number is expected to top 2,000 runners this year.

The race begins just north of the Branch Brook Arena in Newark and the course winds north using the East Drive into the extension area in Belleville where the bulk of the 3,000 cherry trees are located. Runners then return south using the West Drive to the finish line just south of Park Avenue where the awards ceremony will take place.

The entry fee for Essex county residents is \$6 and, for out-of-county, \$8. Prizes will be awarded for the top three men and women overall and the top three males and females finishing in each of seven age categories. A total of 48 prizes will be distributed. Last year, travel gift certificates, bicycles, running suits, telephones and assorted gift certificates were awarded. The first 1500 entrants receive free tee shirts. The Cherry Blossom Run is certified and sanctioned by the New Jersey Athletics Congress and remains a qualifying race for the ten-kilometer "Governor's Race for Open Space."

To help prepare runners for the spring race, the county is sponsoring a "Runner's Clinic" on Wednesday, March 20, from 7:30 to 9:30 p.m. at Turtle Back Zoo in West Orange. Pre-registration is \$3 and \$5 at the door.

To run in one of the most beautiful races in the world under a canopy of pink and white blossoms or participate in the Runner's Clinic, call the Parks Department for your Cherry Blossom Run '85 application at 482-6400.

A Musical Valentine For Seniors

On Friday, February 15, 1985, the senior residents were entertained by **Harold Chink Wing**, and other members of his group. This affair was held at NC Douglas, and is a part of an Annual affair sponsored by the Essex County Parks and Recreation program. Residents from all the Senior buildings were invited to attend.

Combined with this program was a special salute to Black History Month. Mr. Chink Wing performed many of the great jazz "oldies" from the 20's, 30's, and 40's, and gave a brief background history of the different artists. The rhythmic beat of the music had the Seniors swaying on the dance floor, while the sounds of yesteryear brought back so many memories of the happy days gone by. This was truly therapeutic for the body and the mind. Mr. Chink Wing was nicknamed "Dr.

Feelgood."

One of the guest soloists was Ms. Mary King, from the Newark Office on Aging. Ms. King captivated the audience with her melodious voice. She is truly a great vocalist. Everyone thoroughly enjoyed the entertainment. The weather was marvelous and the turnout was more than satisfactory. Many of the residents expressed an interest in having this group back at our centers some time in the very near future.

Refreshments were served immediately following the program. Part of the refreshments included a large Valentine's Day cake that had been delivered to the building earlier that morning, courtesy of Mr. Harold Chink Wing and company.

Many, many thanks to all who participated!!!

Gloria Newsome

CATHEDRAL CONCERT SERIES

Thomas Michalak, Artistic Advisor
1985
THE SPRING SEASON

- March 17 3:00 p.m.** Mexico's foremost Cellist, CARLOS PRIETO celebrating Bach's 300th anniversary with the Composer's unaccompanied Suites for Cello.
- March 31 3:00 p.m.** British Harpist, VANESSA MCKEAND and the Cathedral Symphony Orchestra performing Rodrigo's Concierto Serenata. Also, on the program hear Wagner, Nanes and Mendelsohn.
- April 21 3:00 p.m.** "Cherry Blossom Celebration". A concert of the winning compositions in the First Annual INTERNATIONAL NEW MUSIC FESTIVAL. Be Adventurous! All world premieres by New Jersey and Japanese composers. Come at 2:00 p.m and listen to Japanese Haiku Poetry.
- May 19 3:00 p.m.** Celebrated East Indian virtuoso musician RAVI SHANKAR and the Cathedral Symphony performing his Sitar Concerto Other works for the orchestra by Elgar, Bizet and Rimsky-Korsakov.
- A pre-concert (2:00 p.m.) "talk" on *Hinduism: A Beautiful Mosaic* will be presented by Author and Professor of Asian Religions, Reverend Frank R. Podgorski.
- June 23 3:00 p.m.** Ledgeary trumpeter, New Jersey resident DIZZY GILLESPIE and his trio featuring such great hits as Land of Milk and Honey, Tin Tin Deo and many others!



"Funding has been made available in part by the New Jersey State Council on the Arts/Department of State"



Carlos Prieto Vanessa McKeand Ravi Shankar Dizzy Gillespie

NEWARK'S CATHEDRAL

Architectual Tours of the Cathedral are given before every concert at 2:00 p.m.

The Cathedral is considered the purest example of French Gothic architecture in the Western Hemisphere. The idea of a Cathedral Church was first proposed in 1859, and in 1954, almost 100 years later, Newark's mighty Cathedral was dedicated. In 1974, Sacred Heart received national prominence through its designation as a National Historic Site.

Cathedral of the Sacred Heart — 89 Ridge Street, Newark, NJ 07104
Concerts open to the public. A \$5.00 donation is welcomed.
Accessible to the handicapped — For further information call: 484-4600

FOOT FACTS:

Diabetic Foot Care

Because you have diabetes, it is possible that circulation of blood to your legs and feet is slower and more sluggish than normal. This could be a factor in your ability to fight infection. A little sore or cut on your foot or lower leg, if not properly treated, might lead to serious complications.

It is important that you prevent any injury to your feet, and follow a very careful plan of foot hygiene.

1. Bathe your feet daily in lukewarm (not hot), soapy water and rinse thoroughly. Carefully and gently, with a soft towel, pat (don't rub) your feet dry, especially between the toes.

2. Wear clean socks — change them daily and discard them when they are worn-out.

3. Wear shoes that fit well—snug, but not tight. To help assure dryness, change to a different pair each day. Keep your shoes in good condition.

4. Break in new shoes gradually; wear them just a few hours each day at first.

Dr. Kenneth
Frank
Podiatrist



5. Keep your toenails trimmed neatly, and straight across. Do not dig under the toenail or around the cuticle.

6. Do not attempt to trim your own corns or calluses. Do not use commercial corn remedies, as many contain harmful acids dangerous to the skin.

7. Wear shoes or slippers around the house and especially outside of the house — bare feet invite injury.

8. Avoid extremes of cold or heat — if your feet are cold wear warm socks. Never use hot water bottles or heating pads.

9. Avoid wearing anything tight around your legs or ankles that might in any way reduce the blood supply to your feet.

10. Do not smoke. Smoking constricts the blood vessels, and directly affects circulation to your feet.

11. Examine your feet daily; if you find any sores, cuts, redness, swelling, pus, blisters, even if you have no pain, report this immediately to your Podiatrist or Physician.

Questions Most Often Asked By Parents About Reading

Jane Smiley is a reading teacher at St. Rose of Lima School. She assists children who have had some difficulty in the past in subject areas of math and reading. In this issue she responds to the most frequently asked questions about reading.

1. How do I know if my child is actually reading?

Your child is actually reading when he/she can comprehend the meaning of written or printed words.

2. Are standardized tests an accurate measure of a child's reading ability?

No. Standardized tests should not be used as a sole measure of determining a child's reading ability. There are several factors which should be used in addition to standardized tests. Some students do not test well, others do. Standardized tests measure the child's mental and environmental state at the time the test is taken.

4. When does a child need remediation in reading?

Remediation is necessary when the child becomes frustrated in a classroom setting whereby he/she can not read well enough to follow along in his books, complete assignments, or understand what is being read to him. It is necessary when a child is reading below his/her grade level.

5. I have a preschooler at home. What can I do to prepare her for reading?

Read to your child. Children enjoy hearing stories and at the same time, they're developing the sight-sound relationship necessary for reading as well as developing an enjoyment for reading.

6. What is the relationship of reading to other subject areas?

Reading is the key to learning. Being able to do Language, Math, Science, Social Studies, and other subjects is the result of comprehension.

Improved Services For NCC Gardens

On February 1st, Gardens seniors heralded the grand opening of the newest on-site concession, designed to make shopping a pleasurable experience for all our seniors. The concession is presently operated by a loyal resident, Mr. Sam Farrad, who really enjoys this responsibility and gets along well with his customers.

The concession offers a variety of items ranging from eggs, bread, milk, juices and donuts to ice cream and soda; also various household items such as Tide, Clorox, and paper towels. Due to the growing success of the concessions, new items are being ordered to further enhance the shopping convenience

of our residents. Some of these will be grits, cereal, flour, tea, and jelly plus many other useful items.

We are looking forward to continued success in the area of customer service. An important factor for this success is residents who don't mind getting involved and who really want to see things work, especially when they are for the good and improvement of all.

If we had more enthusiastic residents like Sam the results could be limitless. We are very grateful for his efforts on behalf of his neighbors.

By Joyce Holmes



Samuel Farrad ready to serve tenants at new concession in NC Gardens.

ding written words in those subject areas.

7. At what age/grade is it most crucial for a child to begin reading?

It is crucial for a child to begin reading when that particular child is ready. This may vary from child to child. There is no set age or grade level. Once that child begins to show signs of readiness, develop those skills right away — that child is ready.

I'm very confused. My child is in the 5th grade. He received a B on the 11th reading level on his report card. Does that mean he is reading on the 10th grade level?

No. The reading level indicates the level of the reading book he is in. Each reading series has different levels. Levels vary from series to series. Your child's teacher can tell you what grade the level is equal to.

9. Is it better to use the student's reading textbooks to improve reading skills at home?

Not necessarily. Text books are great, but some children are turned off with the same books they use daily in school. Believe it or not, comic books, newspaper articles, magazines, and games are great aids in learning to read. Remember, it's not so much what you use, but how you use it.

10. My daughter does very well in reading, but she does not like to read. What can I do to change her attitude towards reading?

Encourage her to read things of interest. Also, read to her, read with her, and discuss those things of interest with her.

Newark Public Library

Income Tax Help Available

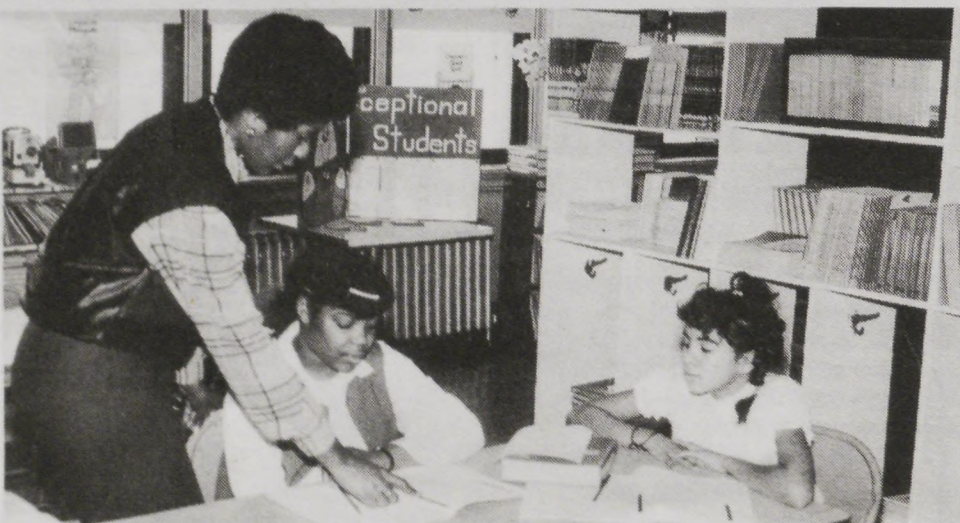
The Newark Public Library will feature free income tax help on Wednesdays from 6:00 - 8:00 pm and Saturdays from 9:30 am - 1:30 pm in the lobby through April 13, 1985.

"The Newark Income Tax Help Center is made possible at the Library through VITA, the Volunteer Income Tax Assistance program," said Charles Cummings, Head of the New Jersey Reference Division which has sponsored this program for a number of years. "VITA is a program of the Internal Revenue Service," said Cummings, "and the Library is pleased to help bring this important service to the public."

People interested in receiving help with their tax forms must first pick up a ticket in the New Jersey Reference Division. While the service is provided free, the ticket system will ensure the first to come will be the first served.

A group known as Accountants for the Public Interest will be involved on Wednesday evenings while accounting students from University College at Rutgers will be on hand Saturday mornings.

The Newark Public Library is located at 5 Washington Street in downtown Newark. For more information, call (201) 733-7800.



Reading Teacher Jane Smiley assists Kim Harrell and Adriane Lopez in St. Rose Reading Lab.

The Douglas

The Douglas tenants are always contributing in whatever way they can. Lena Polite donated her husband's wheelchair to the building. It was a very generous gesture and greatly appreciated.



Sister Hortensia Fernandez, OSP, New Community Douglas social worker, receives wheel chair donated by Lena Polite, which was once owned by her late husband Henry Polite.

Valentine Cards were given out to all visitors to the building on Valentine's day, compliments of the Tenants Association. This is our way of saying "thank you for caring" and come visit us again.

February is Black History Month and we really have a heritage to be proud of. Helen Vaughn made placards for the bulletin board, of the notables that have contributed to Black History through the years, and also a listing of some of our everyday people living and working in New Community, locally and in New Jersey, who are in some manner giving of their time and or expertise to help their fellowman. What a unique idea! Come read the names; yours might be there, or someone you know.

Remember your heritage; remember your name; remember who gave it to you. Cherish it, protect it. Wear it proudly.

Alma Hanks

Friendship Club at NC Roseville

A Friendship Club was begun at NC Roseville last month by a new resident, Rev. L. Green.

The purpose of the club is to help the people to come together and look out for their elder senior citizens.

A birthday feast was held by the



Rev. L. Green serves Ms. Iris Lewis during recent Friendship Club dinner.

club on February 9th, and people were invited in to eat or taken their dinner if they were in a wheel chair. It was nice to see a smile on their faces, when they saw someone cared for them, reported Rev. Green.

She has had a similar feast for many years in her former home and is now trying to be a blessing in her new home. With God's help, she says, the Friendship Club will work. There are many things to be done and much sacrifice necessary to find food, enough cooks and enough people to serve.

Rev. Green had aprons made for the members. Frannie Smith, who is also a fashion designer, made the aprons. Rev. Green would like to thank all the others who helped her, especially Mrs. Barnes, who was just getting over the flu.

At first, she says, it looked very hard, because she didn't know how she was going to get all the food. She prayed, and with the help of God and a friend, Mrs. Gladys Johnson, she was able to get enough food to feed over 200 people.

Her next problem was to get help cooking and serving it. Building Manager Lee Reese helped and was presented with a Friendship apron which is white with lilac trim.

Also volunteering their time were Mrs. Barnes, Mrs. Frannie Smith, Mrs. J. Williams, Mrs. M. Harris, Mrs. M. Mickens, Mrs. Bessie Alston, Mrs. Redicks, Mrs. M. Clemonts, Mrs. G. Richardson, Mrs. J. Regins, Mrs. Marie Miller, Mrs. M. McKoy, Mr. & Mrs. J. McKoy, Mr. Arthur Harris, Mrs. Kitty Taylor, Mrs. Florence Brown, Mrs. Cameron, Mrs. Nancy Galarza and Mrs. Emily Jordon.

Thank You From A Tenant

The Friendship Club went all out to make those who were celebrating their birthday in the month of January and February a success. What a wonderful happy event to be able to mingle and chat with many friendly people who attended the party on February 9th. We sat around in a relaxed manner discussing many topics of interest while waiting for dinner to be served. Finally dinner time was announced and each person was served and enjoyed a hearty meal consisting of

meats and vegetables, not forgetting the sweet potato pie, delicious coffee and fruit punch. All of this delicious food was prepared by many lovely ladies who gave so freely and unselfishly of their time and energy.

I am not a member of the Friendship Club but I certainly did appreciate their eagerness to make others happy. Well done and thank you.

Marie Phillips
Roseville Resident

NC Associates

Gospel Chorus Anniversary

January 25, 1985 was an important date to the 180 Inspirational Gospel Chorus. It was the date celebrating their Sixth Anniversary. They wanted to make this anniversary their best. The Community Room was beautifully decorated, thanks to the artistic ability of Doris Crenshaw and her co-helpers. The chorus was grateful that some of the former members participated in the program. Lorna Cald was their first pianist, Annie Woodhouse

groups, some of whom were the Coronation Gospel Singers, the 140 Gospel Chorus, Danny Ward Spiritual Comforters, Christ Holy Wonders, The Four Roses and the New Light Gospel Chorus. There was a reading by Sis Brock and Maude Jones, and a solo by Sylva Wilbur. The Herron Gospel Singers of Saint Luke AME Church, and others, also performed.

Everyone enjoyed the evening of inspirational and gospel music, and the refreshments that followed.



Gospel Chorus proudly poses for Sixth Anniversary picture.

had been their chaplain; the other former members were Irene Boyd, the mistress of ceremonies for the program and Sadie Barber, who read the scriptures. The many guests made the chorus members' hearts rejoice. They were glad to see such a large turnout.

The participation of everyone was very much appreciated, especially the ushers, hostesses and all that helped to make the occasion a success.

The chorus was very happy about the appearance of so many guest

Again the chorus thanks every one for the part they played to help make the anniversary a success.

Senior Citizen Organization

The 180 Senior Citizen Organization elected as officers on February 6, 1985 Maude Jones, President; Oler Peterman, Vice-President; Beatrice Graham and Kathleen Charles, Secretaries; Emma Johnson, Treasurer; and Magnolia Brown and Lena Bolding were chosen for the sick committee.

Phyllis Burton

Roseville Report

The "One South Eighth Street Club" of Roseville gave their first affair for 1985, presenting the Gospel Sounds of the "Motivations" on February 8th, at 8:00 p.m.

The program began with a devotional, led by Club Chaplain, Mrs. Elmora Maffett, and others. Then our manager Mr. Russell brought forth the fabulous "Motivations"

with their entire crew. Everyone attending the program seemed to be caught up with the toe tapping, hand clapping, gospel singing of these young men.

The One South Eighth Street Club president, Mrs. Illa Barnes, wishes to thank everyone who participated, and all those who braved the cold weather to come out to see the show.

R. S. Perkins



The magnificent voices of the Motivation Gospel Quartet fill the community room of NC Roseville.

Prime The Pump

A pump is a machine or device that draws water into itself through an entrance port and forces the water out through an exhaust port. The cylinder piston will not work unless it is air-tight, so the valve must be wetted to keep it sealed tightly.

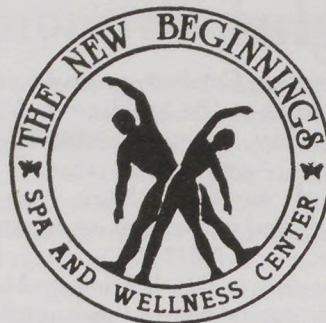
It was a common sight in the country to see a pump with a bucket of water at its side to wet the valve in order to start the pump functioning. In order to get water from the pump one had to put water into the pump. This was known as "priming the pump". A farmer puts seeds into the ground before he can get the crop; he plants before he can harvest; sows before he can reap. A client must deposit funds or invest savings in a banking institution before he can withdraw funds or receive remunerative worth. A patriot must contribute to a worthwhile cause before he can benefit from the accomplishment derived from the struggle. The thief on the cross at the side of Jesus Christ contributed the last seconds of his life in recognition of Jesus Christ as the Lord when he implored: "Lord remember me when You come into Your kingdom." Luke 23:42. In that final utterance he benefitted and gained Paradise, for Jesus assured him: "assuredly, I say to you, today you will be with Me in Paradise." Luke 23:43. It's never too late to contribute in order to benefit. It's never too late to "prime the pump". One must lay down before he can pick up. To abide in the love of Jesus, He commanded that you love one another as He loved you, and said "...greater love has no one than this, than to lay down one's life for his friends" John 15:13. One must love before he can be loved. One must lay down the ingredients of love before he can pick up the fruit of love. One must "prime the pump".

Where one wants a school diploma

or degree, one definitely has to make sacrifices, work hard, put in long hours of study, and give his all. If one does not put anything into a project he will not get anything out of that project, for one does not get something for nothing, nor does one get ahead by trying to "get over". We live in an era of "instancy" where people want things right now, immediately, not tomorrow, not next year, not in the years to come. There was a time when people devoted a lifetime to their endeavors in order to accomplish their goals. Success did not come overnight. They put in a lifetime of effort before they got out a moment of acclaim. They had to prime the pump; so we can do no less. In John 12:24, we find that even a corn of wheat had to fall into the ground and die to bring forth much fruit.

There is a story told about a man lost in a desert, dying of thirst, who came upon a deserted shack outside of which was a pump. Frantically he pumped, but no water emerged. Nearby was a bucket of water with a note written on the side: "in order to get water from the well, you have to first prime the pump with the water in the bucket. Please fill the bucket again with water before you leave." The thirsty man pondered whether he should drink the water thus satisfying his desperate thirst, or risk pouring it down the rusty pump getting more water and making it possible for others to get water who might come behind him. He chose to take the risk, and poured the bucket of water down the rusty old pump and furiously pumped up and down. Before long, water gushed out, and he drank his fill, then he filled the bucket up again, and wrote a note which he placed on the side of the bucket: "You have to give before you can get anything back. You have to 'prime the pump.'" Lewis Graves

Springfield Branch,
Newark Public Library

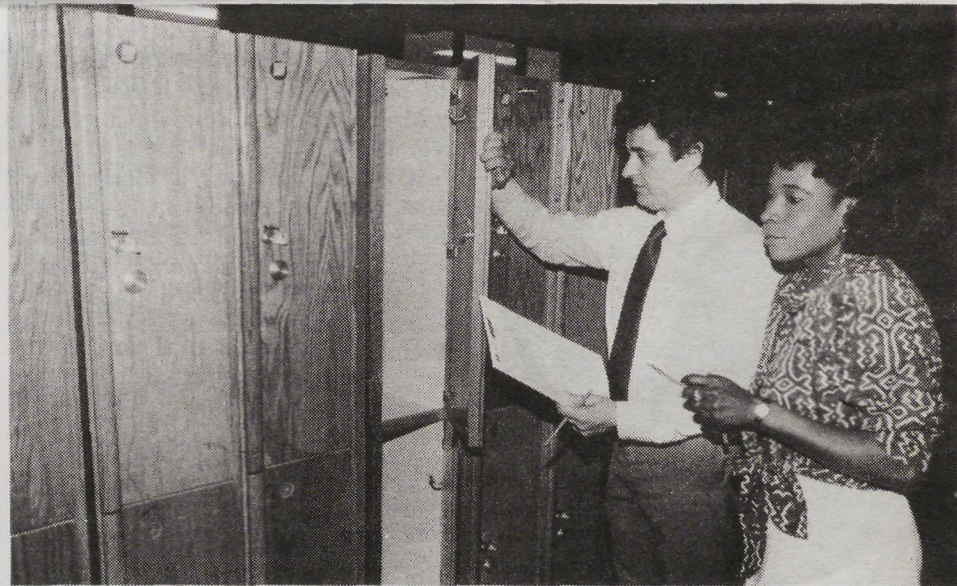


at ST. JOSEPH PLAZA
233 WEST MARKET ST.
NEWARK, NEW JERSEY

Almost There!



Marie Damestoir, Health Spa Manager and Rich Rohrman, NC Business Development Manager, take inventory of new lockers and exercise equipment for the New Beginnings Spa and Wellness Center.



Young Artists From New Community Win Awards

Newark students will succeed, as proven by Scott McKenzie, an 8th grader who attends Newton Street School. Scott recently took 3rd place in Group 2 of a city-wide Newark Day Poster Contest in which the theme for 1984 was "Newark: A City On The Move." A total of 80 students from the City's public schools submitted artwork which was judged and placed on display at a special program highlighting the City of Newark in Atlantic City, New Jersey, this past November during the New Jersey State League of Municipalities Convention.

Scott is a fine young artist — whose art work shows great potential. He is well liked by all the students, who look up to him because of his artistic

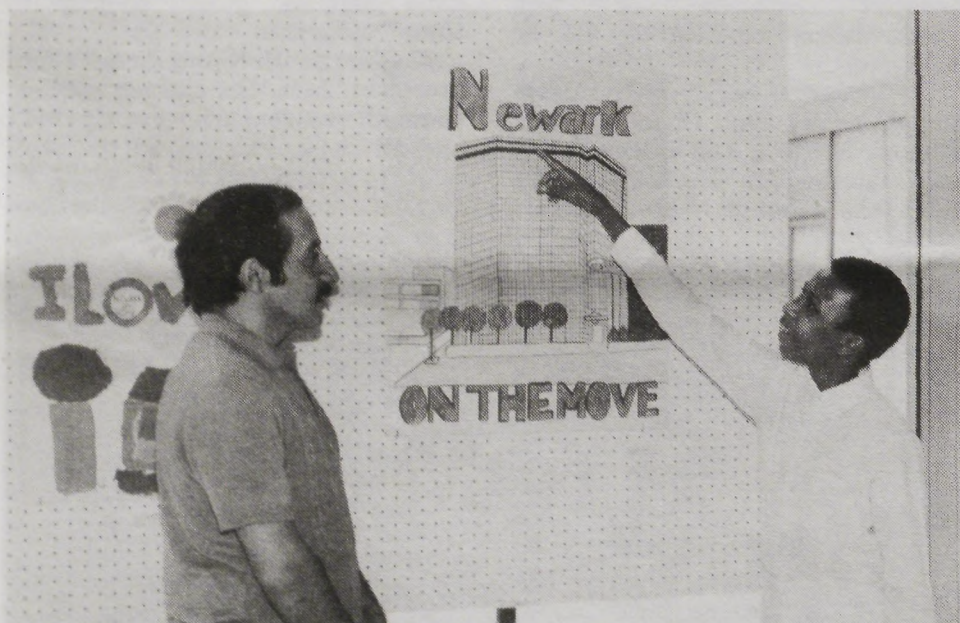
ability. Besides art class at Newton Street School, Scott attends art classes at Arts High School each Saturday morning throughout the school year. Scott hopes to attend Arts High School next year. He is 13 years old.

Keep up the excellent art work!

Ira Bowman and Sean Smith's posters placed 1st in Essex County Department of Parks, Recreation and Cultural Affairs Poster Contest. Winners were awarded County Certificates and prizes on the Parks Department Cable Television Show.

Congratulations to these fine young artists. Ira is in 6th grade and Sean now attends Arts High School.

Vincent Diconstanzi



NC resident Scott McKenzie of Newton St. School proudly admires his prize winning poster with Art Teacher Vincent Dicostanzi. Scott's poster was recently displayed in Prudential Plaza's lobby along with other award winning posters in the contest sponsored by Newark Municipal Council, Mayor Kenneth A. Gibson and the Newark Chamber of Commerce in conjunction with the Newark Board of Education. New Community congratulates Scott McKenzie for his achievement.